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## Worry and be Happy

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By Karl Renz.

Zen Publications, Mumbai, 2013. Soft cover. Book Condition: New. 22 cms. 219pp. Decoding Karl is akin to understanding electricity: simply cannot be done. Its effects, though, may be felt and described. That's what you may encounter here in Worry And Be Happy. It's the welcome release from needing any release which makes Karl's display of the audacity of hopelessness? in this book so enchanting and endearing. If you believe you have made it spiritually it may be worthwhile to test your understanding through an encounter with Karl. Honestly though, in such a situation, he is not the kind of guy you would particularly enjoy meeting! In the now overcrowded world of sagely Advaita gurus dishing out profound insights into our real nature, Karl stands out as a sore thumb. Like a drunken Kung-Fu master, Karl, in his crazy off-balance style, mocks and punctures the validity of these insights—displaying unshakable balance With sparkling and soothing humour, Karl mesmerizingly rips through anything and everything that can be ripped through, to the mixed dismay and wonder of onlookers. And underlining it all is an unmistakable unshakability. In fact, it is this effortless unshakability which manifests through Karl that draws seasoned seekers to him....



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