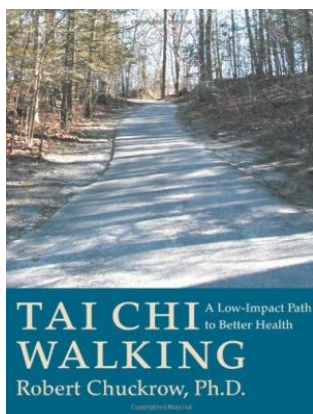


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# TAI CHI WALKING: A LOW-IMPACT PATH TO BETTER HEALTH



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